

VANCOUVER

TOP ACTIVITIES

STANLEY PARK

Number one on almost every list of things to do in Vancouver is a visit to **Stanley Park**. Designated a natural historic site, Stanley Park is a green oasis in the midst of urban Vancouver. With over 400 hectare of rainforest to explore, you can discover kilometres of trail, beaches, wildlife along with natural, cultural and historical landmarks. You can walk or hire a bike and ride the 8+ kilometres of the famous Seawall or if all this sounds a touch too strenuous or time is getting away from you, why not take a horse and cart ride.

GROUSE MOUNTAIN

holds the status of Vancouver's most visited attraction. This wilderness paradise is located 15-minutes from downtown Vancouver, and the famous Grouse Mountain Skyride (North America's largest aerial tram system) takes visitors on a one-mile aerial journey to the Alpine Station, 3,700 feet above sea level. Experience breathtaking views of the city, sea & surrounding mountains culminating with a summit altitude of 4,100 feet.

Truly something for everyone here, Mountain Ziplines, Wildlife refuge, Theatre in the Sky, a variety of dining options, paragliding, helicopter rides and in Winter, skiing, snowboarding, sleigh rides and ice skating to name a few. On the way to Grouse Mountain – you will pass the **Capilano Suspension Bridge Park**, if you are brave enough, you can walk across the swaying footbridge strung across the Capilano River.

GRANVILLE ISLAND

Developed in 1979 on what was once industrial wasteland under the Granville bridge, this is now on most visitor must see list. Take in the fantastic Granville Island Market – a foodie heaven, grab the ingredients for a perfect picnic, and visit the largest free water park in North America (open all summer).

There is an abundance of things to do on the island, live music, jazz festivals, restaurants and bars all set against the backdrop of the islands industrial past, and you will still spy cranes and rail tracks around the redeveloped warehouses.

Hours of Operation

Granville Island Public Market: Open seven days a week, 9 a.m. - 7 p.m.

Most other retail stores: Open seven days a week, 10 a.m. - 7 p.m.

GASTOWN

Considered the birthplace of Vancouver, Gastown sprung up around a tavern founded in 1867 by Gold prospector John 'Gassy Jack' Deighton. Cobblestone streets lined with Victorian buildings housing galleries, restaurants and boutiques, coupled with the informal plaques placed around town giving an insight into the history of the area make this perfect for strolling

ROBSON STREET:

If you are interested in a day of shopping, this is the place for you. From funky independent boutiques to big name stores, you will find it all here. Coupled with a huge array of restaurants and cafes, you will have no trouble finding a spot to rest your weary feet.

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CLIMATE

Vancouver's weather is cool – mild all year round, low 20's (Celsius) in summer, and 0 – 5 degrees in winter, with the winter known to be wet, but with rarely snow except in the mountains

Average Max Temperatures

Jan	Feb	Mar	Apr	May	June	July	Aug	Sep	Oct	Nov	Dec
5	7	10	14	18	21	23	23	18	14	9	6
1	1	2	4	8	11	12	13	10	6	3	1

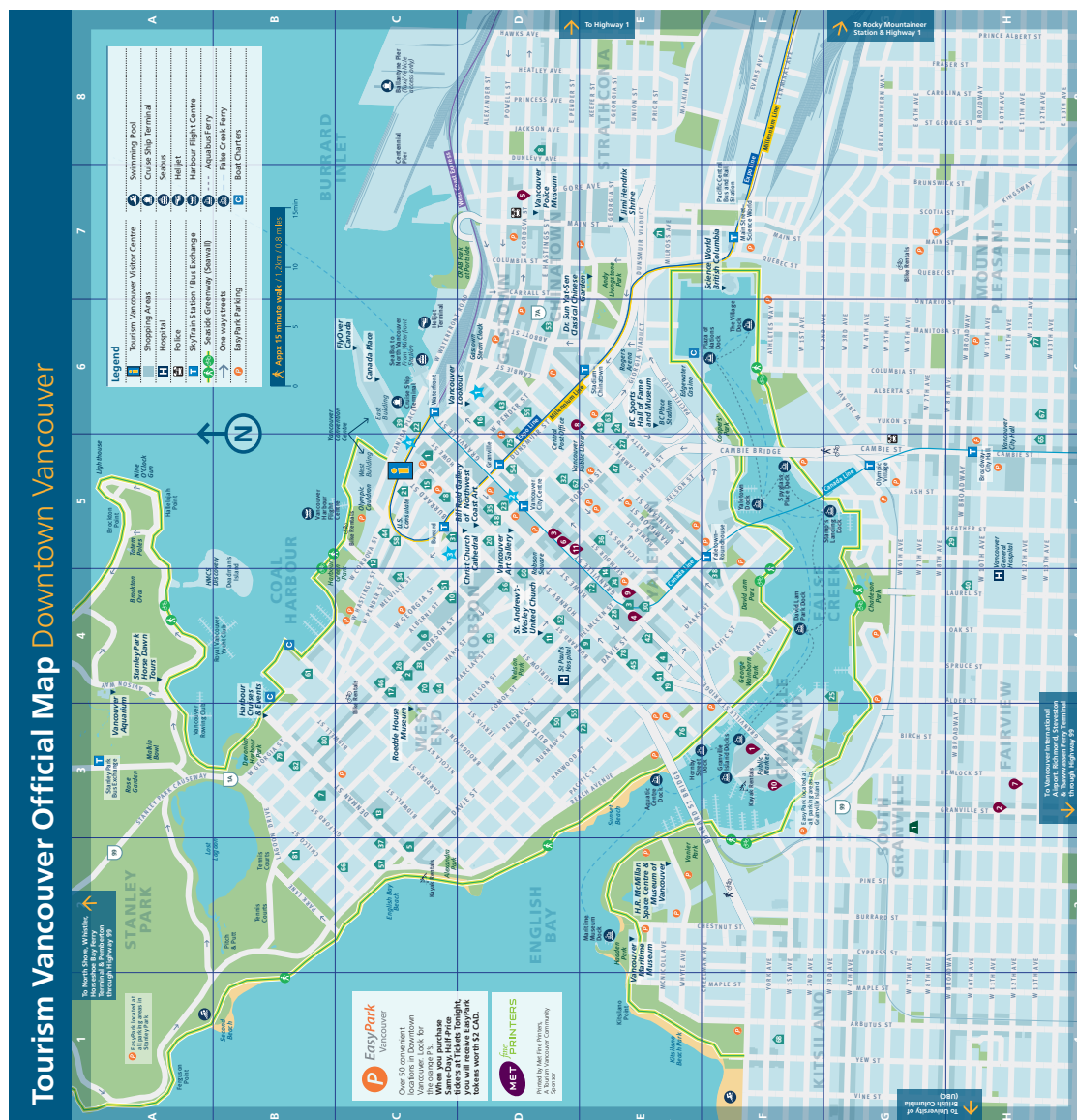
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MAPS

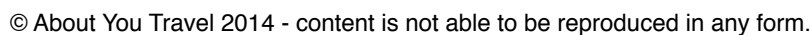
Downtown Vancouver Index

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SUBWAY MAP

